

BE GREAT ON PURPOSE

Excel Basketball

Elite High School Prep Academy

7th - 10th Gr. Girls and Boys

ELITE HIGH SCHOOL PREP ACADEMY WILL FEATURE:

01

Exposure to High School
level practice

02

High Intensity Skill
Development

03

Basketball Specific
Strength and Conditioning

04

College Recruitment and
Student-Athlete Mentoring

ELITE HIGH SCHOOL PREP ACADEMY

- **Session 1:** July 11 - 13, 9 -12 pm
- **Session 2:** July 13 - 15, 9 -12 pm
 - Wed. July 13, 1 - 4 pm
- **Session 3:** July 18 - 20, 9 - 12 pm
- **Session 4:** July 20 - 22, 9 -12 pm
 - Wed. July 20, 1 - 4 pm
- Each session limited to 40 players
- Academy held at Saint Joseph's University

Cost: \$250 per session, which can be paid by

- Venmo - @Excel1131
- CashApp - \$Excel1131

ERICK WOODS BIO

- Director of Student-Athlete Development at St. Joseph's University
- Former College Basketball Coach
- Former High School Basketball Coach
- Former Div. 1 Student-Athlete



Contact Erick Woods:

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Erick Woods

Excel Basketball Instructor